Personal Care Aide (PCA) Continuing Education Directions

12 hours of Continuing Education per year are required of PCA’s.

The Personal Care Aide (PCA) may obtain continuing education by the following means;

1. Medication Management-counts for 2 ½ hours every year.
2. Blood Born Pathogens- counts for 1 hour every year.
3. CPR-counts for 2 hours, every 2 years.
4. First Aide-counts for 2 hours every 2 years.
5. Attend Learning Market PCA classes. The PCA must attend both sessions of Part 1 & Part 2 for credit to count towards continuing education; Medicaid requirements state that continuing education classes for the PCA, be at least a minimum of 1 hour in length, thus, Part 1 & 2 equals 1hr 40 min.
6. PCA’s may attend the Personal Care Aide Skills Training Day for credit needed. Please see the on-line training Calendar or listen to the MITC announcements when clocking in, for class announcements or changes in dates. PCA classes are generally held once monthly & are 8 hours in length; generally from 9am-5pm, with one hour given for lunch from noon till 1pm. Please bring your breakfast with you to these classes or something to snack on for a “feeding” exercise that we will be doing in class. If you do not bring food with you, there will be some food provided at the instructor’s discretion. You may attend a full day if needed or a half day. Please notify the RN if you do plan on attending. RN mobile#479-644-0852 or email at rn@supports.org
7. PCA’s may obtain continuing education by going to www.emedicinehealth.com & following the below instructions;
   a. Double Click on Quizzes & choose a Quiz Topic, you must then return to the Topics A-Z & find the topic you have chosen to research, before you take the quiz.
   b. Once you have researched your Topic, then you must obtain an 80% passing grade on the quiz. One quiz is worth 1 hour of continuing education for the PCA.
   c. You may print off your quiz results, write your full legal name on it & turn it into the training/education department or you may e-mail your results to kblakely@supports.org, but your full legal name must be included in the email title/topic area, to assure that proper credit gets posted to the correct staff person. (See page below.) You may either print off this page on your computer OR you may click on the envelope under the “Quiz Progress Bar” to email the results.
d. THE ONLY TOPICS THAT DO NOT COUNT FOR CREDIT ARE;

1. Puppies & dogs.
2. Sex & Love: Infidelity (Cheating)

e. Please keep record of your chosen topics & choose different topics each year. Credit will not be given for repeat topics done in previous years!

Thank you for your participation!

Melissa James-Rankin, R.N./Personal Care Coordinator